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OCCUPATIONAL ASPIRATION OF ADOLESCENTS IN RELATION TO THEIR SELF-EFFICACY

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ABSTRACT

In this study, the relationships between occupational aspiration of adolescents and self-efficacy were examined. Simple random sampling technique was used in the selection of the participants. The purpose of the study was (i) to investigate the relationship between Self- efficacy and occupational aspiration and (ii) to find out the gender and locale differences in the selected variables. A random sample of 200 students (100 boys and 100 girls) from different schools of Ludhiana District of Punjab State of India was selected using Self-Efficacy Scale developed by A.K. Singh and Shruti Nara in (1998) and Occupational Aspiration Scale developed by J.S. Grewal (1975). Analysis of the results was done using correlation and 't' test. The findings revealed that (a) self-efficacy have large associations with adolescents' occupational aspiration and (b) there are significant gender and locale differences in the occupational aspiration and self-efficacy of adolescents. A Significant positive relationship was found in self-efficacy and occupational aspiration of adolescents.

KEYWORDS: Self-efficacy, Occupational Aspiration, Adolescents